



# NEWSLETTER

Barb Brehn Langer, Editor

Summer 2022



## President's Message

Another beautiful summer awaits us, as well as a beautiful refreshing and healthy lake.

Moreover, we thank all those who make efforts to preserve it. All actions are important: cleaning the boats before launching; ensuring that the water treatment systems of the houses are in good condition; protecting riparian strips near the river which, with their vegetation, are mini water treatment plants. Choose biodegradable household products, etc.

We also have a healthy associative life. We thank the people who contribute through the payment of their annual membership fees, to ensure the maintenance and implementation of services for the protection of the lake and boating safety.

Many of you also participated in the Annual General Meeting, as well as the BBQ. We see this as a desire to be in community and to maintain good neighbourly relations with everyone around the lake.

Thank you to the volunteers and board members.

Have a great summer everyone!

Please don't forget to greet those you meet... we cannot catch Covid by waving!

Robert Brès, President

## GOING CYCLING?

Here is some cycling information you might be interested in:

<https://saaq.gouv.qc.ca/en/road-safety/modes-transportation/bicycle>

In Québec, bicycle helmets are not mandatory except for electric bikes. However, please remember that helmets are armour for your head and absorb impacts to minimize any injuries during a fall. Never buy a second hand helmet because you don't know if it's been damaged. Make sure you always wear it fastened. Parents can be good examples for children if they wear helmets while riding.

## STICKER PROGRAM

By now, you should have received your stickers for your motorized boats, provided with every paid membership. You may also put the stickers on non-motorized boats, just to show your solidarity with our association's objective of protecting the health and safety of our lake. We have a new sign at the boat launch! Thanks to volunteers Robert Laliberté, Monique & Tom Brehn and Robert Brès for their help with the installation.



## Save your muscles!

The gate at the boat launch has been adjusted to make it easier to open and close. Thanks to volunteers Robert Laliberté, Jacques Ecuyer, Pierre Paquette and Yves Croteau for their help!

## DID YOU KNOW??

### WATCH OUT FOR THESE DANGEROUS PLANTS:

**Giant Hogweed:** The clear watery sap of Giant hogweed contains toxins that can cause severe dermatitis (inflammation of the skin). You can get third degree burns if you get the sap on your skin and the skin is then exposed to sunlight. Symptoms occur within 48 hours and consist of painful blisters. Purplish scars may form that last for many years. Blindness may also result. There are some other plants which resemble Giant Hogweed, but they do not grow nearly as tall. Giant hogweed grows to approximately 5.5 metres tall.



**Poison Ivy:** Leaves of 3, leave them be! Poison ivy has a sticky, oily resin which attaches to skin, clothing, tools and pets fur. If you come into contact with the plant, wash your skin immediately and you may not get the very itchy rash that lasts for weeks.



**Poison sumac:** This tree lives in swampy, wet areas and in pinewood and hardwood forests. Its' oily resin is even allergenic than poison ivy. Fun Fact: Although this tree is found across most of Canada, it does not grow in Newfoundland.



## Annual General Meeting

The Annual Residents' Meeting, the first since 2019, was held on Saturday June 25 at Le Relais des Sables. Minutes have been distributed to all residents.

### BBQ

We had beautiful weather and a great turn-out for our Members' BBQ on July 2. Thanks to all the volunteers who helped and, particularly, Jean-Claude Lecompte and Barry Abugov, the primary organizers. Thanks to Janik Falardeau for taking the pictures!



### Why is a natural shoreline important?

Shoreline vegetation acts as a natural windbreak, regulates water levels, prevents erosion, encourages biodiversity and filters pollution. Maintaining and improving the water quality of a body of water means paying special attention to its shores. In order to do so, the erosion and degradation of shorelines must be prevented, and the quality and biodiversity of the area must be preserved. Decades ago, the Quebec government prepared and widened the [Protection Policy for Lakeshores, Riverbanks, Littoral Zones and Floodplains](#). The Policy applies to all natural and artificial lakes and watercourses, both large and small, regardless of whether their water flow is constant or intermittent. Drainage ditches that serve 2 or more lots are also subject to the Policy, which is applied via municipal regulations. However, since rules alone are not enough, every action that protects, restores, cleans or sanitizes a body of water is important and contributes to the common effort to recover water. **Many lake residents do not realize that actions we take must be driven by the rules of the Policy.**

**It is not permitted** to cut down healthy trees, plant grass, use fertilizers or pesticides, or dump sand on the shoreline.

**It is permitted** to install one 5-metre wide access to the water (other than a vehicular route or boat access ramp). It is also permitted to build wharves, shelters or docks on pilings or made of floating platforms. You may also plant shrubs, trees or herbaceous plants but it is recommended to let nature take over. More info at: <http://www.environnement.gouv.qc.ca/eau/rives/richesse/index-en.htm>

### Be Neighbourly!

**Please be respectful when travelling around the lake in boats. Don't go too close to shorelines and docks to respect your neighbours' privacy.**

**Buckthorn:** This plant is originally from Europe but was brought to North America in 1880 for use as an ornamental shrub, used for hedges. The berries or fruits of glossy buckthorn start out green in color, change to red, and finally turn purple when ripe. The common and glossy buckthorn sometimes have sharp thorns on branches. To us humans, a field full of buckthorn just looks like a lush sea of bright green leaves but, to butterflies, bees and insect-eating birds, it's the equivalent of a barren desert. The plant has very few predators; even insects and deer will not eat it. The soil under Buckthorn plants is high in nitrogen, encouraging the growth of other invasive plants and inhibiting the growth of native plants. It's also bad for water quality. Native groundcover helps stabilize soil and retain and absorb rainwater. Without these native plants, rain will quickly wash over exposed, bare soil (like that under buckthorn bushes) and into nearby bodies of water.



### ARE YOU MOVING???

### HAVE YOU CHANGED YOUR EMAIL ADDRESS??

Don't forget to update the association with changes to your email address, or if you move away from Lac Papineau, so we can update your contact information.

### Remember!

**If you have replaced your dock, please dismantle and remove the old one. It can leach chemicals into the water.**

### WALK AMONG THE TREETOPS!



Work has resumed on a 40-metre high observation tower on the site of the original fish hatchery in Saint-Faustin/Lac-Carré. Appreciate the 360 degree views and the beauty of the Laurentians as you complete a 1,250 metre walk on the elevated walking trail amongst the trees. Construction had been stopped during Covid. The CIMES trail will be the first of its kind in Canada, although there are similar ones in Germany's Bavarian Forest, Slovakia, Poland and in Czech Republic. Opening summer 2022.

(737 Rue de la Pisciculture)

### SMILE! YOU ARE ON CAMERA!

Two cameras have been set up at the boat launch to prevent vandalism, etc.

Thanks to volunteers Robert Laliberté, Alain Goulet, Yves Croteau and Pierre Paquette for their help with the installation.

### Know your board

President:	Robert Brès
Vice President	Jean-Claude Lecompte
Treasurer	Daniel Zours
Secretary/Editor	Barb Brehn Langer
Technical Director	Adam Finkelstein
Administrator	Louis Doré

Many thanks to Mathieu Huppé and Hugues Raymond for their translation assistance. Without the help of these volunteers, we couldn't issue this newsletter!

Everyone on your Board volunteers their time but we can't do it alone! We really appreciate the help we are given by volunteers around the lake.

### Do you have a new neighbour?

Please tell them about our association and how to get in touch with us. We will provide them with a Welcome Package, containing the most recent issue of our newsletter, our Code of Conduct, information on our board and more!

### Pet Owners – please take note!

It may not be the city but people still don't appreciate picking up after someone else's animals! Keep your dogs on leash when walking, to prevent any mishaps.

### FIRE PERMIT REQUIRED!!!

Don't forget to get your free permit, valid for 30 days at a time. The permit is required for any fires outdoors, even for roasting marshmallows!

If someone reports smoke, the fire department can check whether there is a permit for the property without having to come out to check.

[Permis de brûlage - RIDM - Régie incendie des monts.](#)